

LINDT & SPRUNGLI (USA) INC.

CLASSIC BITTERSWEET HAZELNUT 100g 3.5oz

Nutrition Facts

Serving Size 12 Blocks (40g)

Servings Per Bar 2.5

Amount Per Serving

Calories 230 Calories from Fat 150

% Daily Value*

Total Fat 17g 26%

Saturated Fat 8g 38%

Trans Fat 0g

Cholesterol less than 5mg 1%

Sodium 10mg 1%

Total Carbohydrate 16g 5%

Dietary Fiber less than 3g 11%

Sugars 14g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 14%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, chocolate, hazelnuts, cocoa butter, butterfat, skim milk, soya lecithin (emulsifier), vanillin (artificial flavor).

May contain traces of peanuts / tree nuts.